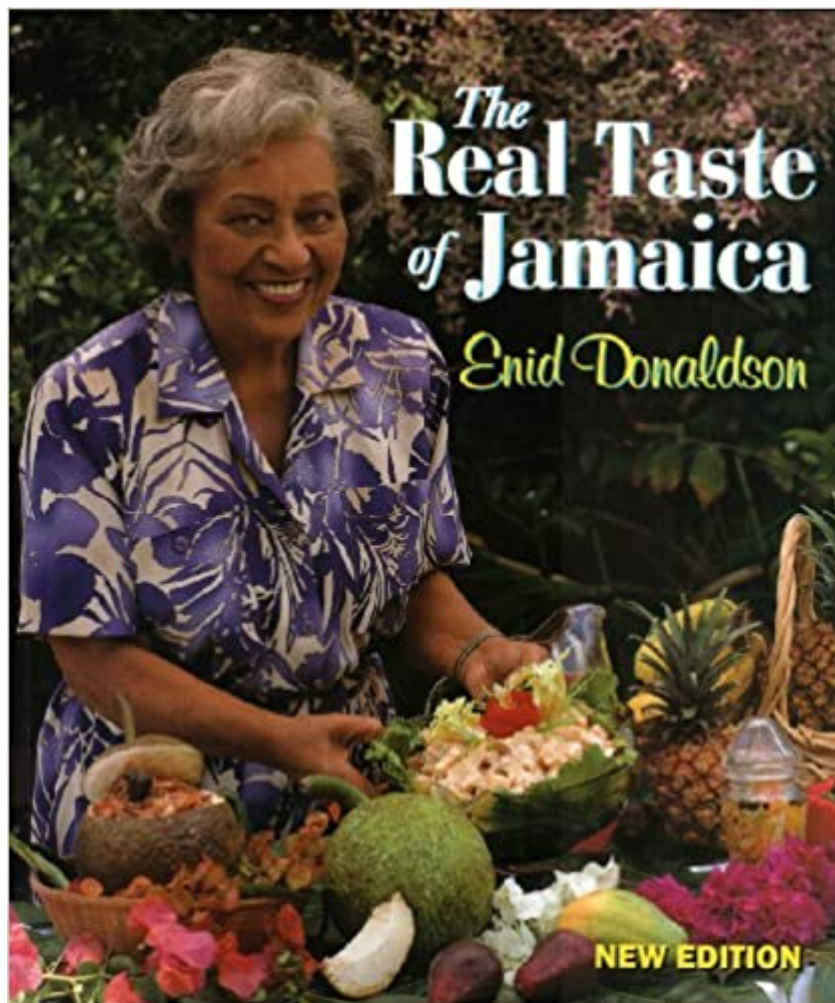


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The Real Taste Of Jamaica



Synopsis

The Real Taste of Jamaica takes food lovers and cooks the world over into Jamaican homes, kitchen and restaurants to sample the full range of native cuisine prepared by local housewives, cooks, restaurateurs and roadside 'jerkies'. Enid Donaldson presents her dishes with flair and imagination, delicately spiced and flavoured with curry, scotch bonnet peppers, jerk sauce, pimento, nutmeg, rum and a dash of typical Jamaican humour. 'Stamp and Go', 'Dip and Fall Back', 'Mannish Water' and 'Matrimony' conjure up images that do not disappoint when tasted. Traditional recipes are included for those who would like to recapture childhood memories. The section, 'Ole Time Someting', contributed by noted journalist and talk-show host Barbara Gloudon, captures the memories and magic of Jamaica kitchens and homes of yesteryear. 'Out of Many, One Pot' aptly describes Jamaica's culinary motto, capturing the rich and exciting blend of Native Indian, Spanish, British, African, East Indian, Chinese, Jewish and Lebanese cuisines.

Book Information

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Average Customer Review: 4.1 out of 5 stars 68 customer reviews

Best Sellers Rank: #482,139 in Books (See Top 100 in Books) #73 in [Books > Cookbooks, Food & Wine > Regional & International > Caribbean & West Indian](#)

Customer Reviews

I was a bit disappointed by the recipes. The dishes I made never tasted like my in-laws' Jamaican food so I had to call them quite a bit to modify recipes. For example, for the oxtail brow stew the book did. It mention browning sauce which is essential for making a good stew. This sauce can be picked up at any Carribbean grocer. I ended up going on YouTube to learn how to make rice and peas and other basic staples. It may be a minor issue but there were not US translations of some of the ingredients. So I had to google a lot to find out what the U.S. names were for some of the beans, fruits and vegetables. All of the ingredients could be found at a local grocery store but I did not know it because I was looking for the Jamaican names of products. I felt that the book made things more

complicated than they had to be. Between looking at YouTube and calling my in-laws I think I've made some decent food.

Thanks to all the other reviews, as well as some other websites where other cooks refer to this book (sort of the Jamaican bible) as their source of inspiration, I really wanted to purchase this for my Jamaican fiance who loves to throw down! The photos are great, recipes clear and concise and it's packed full of all the things I have come to love eating from my trips to the island! Like every good cook does.....you can tweak the recipes to your own personal taste or experiences to make it all taste like mom made it! He will love this (shhhh...it's a Xmas present) and I know it will be an invaluable resource for him for years to come!

The most well known Jamaican cookbook out there. I honestly think it's missing a few of the classics, and for a few of the desserts- sweet potato pudding, and Duckoonoo/ Blue Draws you do have to add extra sugar than is called for, but I never really truly follow recipes anyway....well I do anyway, so just make sure it's sweet enough for you. I bought it to own an authentic Jamaican cookbook and as more of a reference, and it fits that bill. I also bought a few other Jamaican cook books. This is the most authentic. In reading some of the recipes some of the directions are different from the way I do them, so I picked up a few techniques.. There are also a lot of good tips though so that's good.

I've been waiting for a cookbook like this for a long time! This's will stay in the family.

As a Jamaican I was pleasantly surprised at the content of this cookbook. It had recipes that were totally Jamaican. Many so called Jamaican recipes are written with long list of ingredients, the truth is, an average Jamaican cooks with only a few simple ingredients with very flavorful results. What Ms Donaldson has created is a wonderful repertoire of recipes that I can confidently pass on to my family and friends as Jamaican

One of the easiest cook book to follow, with great and genuine Jamaican cuisines. A book that a non cook can follow and cook a delicious meal as that of a professional. Has real and different Jamaican cuisines. Things that I have not eaten in years. Great book to give as gift to foreigners who love Jamaican cuisines. A must have recipe book in every home.

This is a great book for those who love Jamaican food and want to learn how to cook it.

After seeing a copy of this book at a friends house, and browsed through some of the pages, I had to get one for myself so I could try some of the recipes. This book has great easy to follow recipes, which gives that real Jamaican taste. Prep time is minimal.

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